

Psychology of personality in the conditions of modern migration processes

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Abstract

© 2016 Artemyeva and Chernov. The relevance of the research problem due to the fact that, together with a positive influence on the demographic situation, the consequences of migration processes have a negative impact in all areas of social life and become a source of social tension and destabilization of the economic and political situation. The purpose of the article is to describe the process of implementing an eclectic model of individual psychological support to the younger members of the families of migrants. The leading approach in the provision of psychological assistance is multi-modal multidimensional model of restoration of internal stability, allowing to provide comprehensive and targeted psychological effects. The article presents a case description of the practice of psychological help, which revealed the potential of this model, it disclosed the specifics of its application and justified the use of the model as a tool for studying the effectiveness of psychological correction. The materials of the article are of practical value to the professional psychologists, since the implementation of the model described above allows to record personal experience of the practice of psychological help, making it available for analysis and systematization, as well as improve the competence of psychology students by solving problems of various types that are based on this model.

Keywords

Migrants, Multi-modal approach, Psychological correction, Psychological support, Workers